

Owl Class Prayer Time

Prayer is an important part of our day in the Owl's class. Each week, the children choose a classroom job, one of them being the "Prayer Pal". The prayer pal gets to stand with the teacher and model how our bodies are and lead the class in prayer before we enjoy our snack and lunch together.

We will invite the children to say their own prayer and also have a standard prayer that we say, too!

God is good,
God is great.
Let us thank him for our food. Amen
And bless the Owls class!

Music and Mindfulness in the Owls Class

We are an energetic and musical bunch who love to sing and move our bodies! Here's a list of songs we use in the classroom. [Click this link to see the lyrics.](#) We also do daily breath work to help bring calm to our bodies and practice self-regulation.

Songs We Sing:

Willaby Wallaby Woo
Ram Sam Sam
Heads Shoulders Knees and Toes
5 Green and Speckled Frogs
Row Row Row Your Boat
Slippery Fish
Wheels on the Bus
Itsy Bitsy Spider
Skidamarink
Twinkle Twinkle
If All The Raindrops
Where is Thumbkin
Sticky Sticky Sticky Bubblegum

Fingerplays We Chant:

Open and Shut Them
5 Little Hotdogs
5 Little Snowmen
Here is The Beehive

Songs We Boogie To:

The Hokey Pokey
The Ants Go Marching
Hop Little Bunny
We Are the Dinosaurs by Laurie Berkner
The Goldfish Song by Laurie Berkner
Freeze Dance by Greg and Steve
Bean Bag Boogie by Kids in Motion
Animal Action by Kids in Motion
Animal Action 2 by Kids in Motion

Breaths We Take:

Deep Belly Breaths
Cow Breaths
Snake Breaths
Bee Breaths
Dragon Breaths
Hot Chocolate Breaths

Supplies Needed

Each week we make a fresh batch of Salt Dough to play with. We could always use **bags of flour** and **containers of salt**.

Anytime your child has a book they're really enjoying, we'd love for you to share it! The class would also love to borrow any **children's books** from your at home library on the following topics: **birds, pirates, cooking, race cars, castles and bugs**. We've been super interested in those topics! We'll keep them safe and return them soon. Promise!

We appreciate your generosity and for thinking of the Owls Class! Please check back often for updates!

Reminders for the Owl Class

At morning drop off, please remember to always **check your child in via the Brightwheel app**. We've got a QR code hanging outside the classroom for your convenience. There is also one posted at the entrance of the school.

Unless requested, **toys should always be kept at home** for safe keeping. We understand if things find their way to school. If that happens, our plan is to leave them in the cubby or backpack to keep them safe.

Your child is sent home each Friday with a red folder filled with their work and art from the week. Please empty it and remember to **bring the folder back** the following week.

Valentine's Day is coming up on **Tuesday, February 14**. We will celebrate by **exchanging Valentine's cards**. A class list will be sent home. Please make sure a card is made for each child on the list. You are welcome to purchase cards or home-make them, do whatever works for your family. This is an excellent way to foster class community through mail making with the children and it means a lot to them! It's also a great way to practice handwriting in a way that's meaningful to your child. Please, please begin this process early if you plan to have your child create cards and/or write names on the cards. It's also important to have reasonable expectations of your child too. They most likely will not be able to complete a whole class set of Valentine's in one setting. Set aside time each night to do 2 or 3 at a time and go at their pace. This shouldn't be stressful for anyone! Involve them as much as possible in the process.

There will be **no school** in observance of **President's Day** on **Monday, February, 20**.

Our **100th Day of school** is fastly approaching. We will celebrate on **Thursday, February 23**. We'll have a day full of fun doing activities and thinking about our 100 days together! Traditionally, students at this school have been invited to imagine what a 100 year old person would wear and come to school wearing that outfit! We'll continue the tradition this year!